## Lesson
### Getting Ready to Listen: Stop and Look

### Key Features

<table>
<thead>
<tr>
<th>Procedure</th>
<th>Rule Student says:</th>
<th>Specific Praise: (Use with the Student’s Name) Teacher says:</th>
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</thead>
<tbody>
<tr>
<td><strong>Steps to success:</strong></td>
<td></td>
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<tr>
<td>When you hear the signal, keep your body still.</td>
<td></td>
<td>Thank you for keeping your body still. You look like you’re getting ready to listen to my directions!</td>
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<tr>
<td>Quietly put down any objects in your hands.</td>
<td></td>
<td>I love the way your hands are free. That shows me you are paying attention.</td>
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<tr>
<td>Your body is pointing toward the teacher.</td>
<td></td>
<td>I can tell you’re paying attention because your body is pointing toward me.</td>
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<tr>
<td>Your eyes are looking at the teacher.</td>
<td>Am I showing my teacher respect by looking at him/her?</td>
<td>Thank you for looking at me.</td>
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<tr>
<td>Your mouth is closed.</td>
<td></td>
<td>Thank you for keeping your mouth closed at this transition time.</td>
</tr>
<tr>
<td>You are ready to listen as the teacher gives directions.</td>
<td></td>
<td>I can tell you are ready to listen as I give the directions.</td>
</tr>
</tbody>
</table>
Lesson Plan
Getting Ready to Listen: Stop and Look

Theme: Following Procedures  
Focus: Students will learn how to stop when they hear a signal.  
Grade Level: Pre-Kindergarten

Objectives:
1. Students will identify the steps to getting ready to listen: stop and look.
2. Students will demonstrate each step of getting ready to listen: stop and look.
3. Students will practice each step of getting ready to listen: stop and look.
4. Students will help others remember the steps of getting ready to listen: stop and look.

Pre-Activities:

Large Group Lessons:

1. Check the background knowledge of your students by discussing cues for stopping. What might they hear or see that would be a signal for them to stop what they were doing. (e.g., whistle, telephone ringing, stop sign).
2. Ask your students when they stop, look, and listen at home. Discuss the reasons why the ability to stop, look, and listen is important. Read Stop, Look, and Listen for Trains by Dorothy Chlad or book of your choice how to stop, look, and listen. (See List)
3. Tell students that they are going to learn how to get ready to listen by stopping when they hear a signal and looking at the speaker.
   Have the children stand to watch you model as you review each step. Point out the poster and review each step again, using the poster as your visual.
4. Ask two students to act out stopping and looking at the speaker. Have one student be the teacher and give the signal. The other student will stop and look. Continue to have students demonstrate. You may have a student act as teacher for the entire group as well.
5. Tell students that everyday, everyone needs to stop and look at the speaker when they hear the signal. You will be watching to see how well they can do this.
6. Everyday provide specific praise and suns as students stop, look, and listen.

If a student is having difficulty with the first step of the procedure when you hear the signal, keep your body still, introduce the concept of the stop sign. The teacher says, Look at this sign. What does the sign mean? [Lead the student to answer: It tells you what to do. Stop. The teacher says: Let’s use the sign to help us. Have the student make a stop sign by cutting paper into an octagon shape. Have the student paint or color the stop sign red. Have them make the letters S-T-O-P. The teacher will use the student’s sign along with his/her signal to cue the student that it is time to follow the first step of stop, look, and listen.]

Traffic Light (Sung to the time of Twinkle Twinkle Little Star)

Twinkle twinkle traffic light….Standing on the corner bright….Green means go, we all know…..Yellow means wait even if you’re late…..Red is our signal for STOP…..STOP, LOOK, AND LISTEN. Twinkle twinkle traffic light….Standing on the corner bright.

This is the Way We Cross the Road (Sung to the tune of This is the Way)

This is the way we get ready to listen, get ready to listen, get ready to listen. This is the way get ready to listen, we hear our signal and STOP. We put down our toys and look at the speaker, look at the speaker. We put down our toys and look at the speaker and now we’re ready to listen.

Ideas for Signals

When you’re within hearing range of a few children, say in a normal, level voice: If you can hear me, clap once…..Then, keep circulating and say, If you can hear me, clap twice. Usually I have the whole class’ attention by the fourth time or so. Sometimes throw in a weird direction like, if you can hear me, touch your nose.

Try a clapping pattern for the students to copy, or a bell, or say, 1-2-3 Eyes on me and teach your students to immediately respond, ONE, TWO-EYES ON YOU! You can teach your students that their signal will be GIVE ME 5! That means STOP AND LOOK AT ME, five simple words that they all can understand. Students should know that after their response they are quiet and attentive. Follow up praise can be: I see George’s eyes…I see Abigail’s eyes. You can also use a battery operated doorbell as a signal. You can plug the chime part into the wall and can then walk around with the part that you push.

Try saying Salami for the signal: STOP AND LISTEN TO ME. It works because it’s funny!

Try signaling a transition without using any words at all for a change! Wear something different like a hat or a special apron for transitions. This will help students practice picking up on visual cues instead of always listening for auditory cues. Be aware of which students respond to the visual cue better than the auditory ones.

Letting students choose signals for Getting Ready to Listen is a super reinforcer to add to your menu of reinforcers. At the beginning of the day you can announce that the student with the most suns at the end of the day can choose the signal that will be used for the next month.

I Spy Preschool Game by Briarpatch

This game contains 12 interlocking matching pairs and provides a fun way for students to use their observational skills. You could use it as a reward center for those students who have done a fantastic job mastering the procedure: Getting Ready to Listen

Stop, Look and Listen Video

To reinforce the concepts of looking and listening, show your students the video of Play Along with Blue: Stop, Look and Listen. It is recommended for children ages 3 and up and presents two games in which students need to keep their eyes and ears open.

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