Lesson Plan for Teaching: Always Safe

1. Concept (Expectation)
   Always Safe

2. Definition and Critical Attributes
   Behaviors that help people be free from physical harm.

3. Examples
   - Walk forward while in line
   - Stay with your class
   - Wash hands before using computer
   - Go where “the adult” says to go.

3. Non-Examples
   - Run to the cafeteria
   - Wonder away from your group or class
   - Throw book to another student
   - Walk in a group
   - Share food with friends

4. Activities to Enhance Concept Development
   - Students practice walking in line in the hallway.
   - Tell or write about situations when students are showing behaviors that are safe. (List together: safe/ not safe)

5. Activities to Check for Understanding
   Present examples and non-examples. Using pictures or writing samples choose examples and non-examples.

6. Activities to Extend Concept Development
   - Journal writing- writes about a situation that the student displaced safe behaviors.
   - Observe a P.E. class for 20 minutes and tally samples of examples & non-examples. Share tallies and behaviors. Check out books from library for a read aloud about safety (ex- Bernstein bears)

Teaching Rules: Always Safe
## SETTING 1

<table>
<thead>
<tr>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cafeteria</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rule 1 Walk single file facing forward</td>
<td>Students stand in single file</td>
<td>Three students walk side by side</td>
</tr>
<tr>
<td>Rule 2 Keep all food to self without sharing</td>
<td>Student keeps his food to self</td>
<td>Student gives pepper from his/her pizza to friend</td>
</tr>
<tr>
<td>Rule 3 Stay seated</td>
<td>Student stays seated during lunch</td>
<td>Student leaves seat to buy snack</td>
</tr>
</tbody>
</table>

### Activities to Allow Students to Practice Desired Behaviors:
- Students go to lunch in the cafeteria to demonstrate desired expectations
- Use Eagle posters throughout school to remind students

### Plan for Rewarding Appropriate Behavior:
1) Table stays “on green”
2) “Top honors” certificate awarded
3) Class may be eligible for “Prize Patrol”
4) Lunch “button” drawing for ice cream.

## SETTING 2

<table>
<thead>
<tr>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hall</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rule 1 Walk facing forward</td>
<td>Child walking and facing forward</td>
<td>Child walking backward and facing peer</td>
</tr>
<tr>
<td>Rule 2 Stay to the right except when directed otherwise</td>
<td>Child walks on right side of sidewalk</td>
<td>Child walking on the left side of sidewalk</td>
</tr>
</tbody>
</table>

### Activities to Allow Students to Practice Desired Behaviors:
- Students walk on the right side of the hallway facing forward
- Use Eagle posters throughout school to remind students

### Plan for Rewarding Appropriate Behavior:
1) Eagle dollars, treasure chest, etc.
2) Students go to lunch in the cafeteria to demonstrate desired expectations

## SETTING 3

<table>
<thead>
<tr>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Classroom</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rule 1 Keep hands, feet, and objects to self</td>
<td>Walk from seat to computer without touching anyone</td>
<td>Tripping students, hitting another student</td>
</tr>
<tr>
<td>Rule 2 Use materials appropriately</td>
<td>Use scissors to cut paper</td>
<td>Poke another student with a pencil</td>
</tr>
</tbody>
</table>
Activities to Allow Students to Practice Desired Behaviors:

- Students use scissors to cut, walk from desk to the computer without touching other students
- Use Eagle posters throughout school to remind students

Plan for Rewarding Appropriate Behavior:

1) Eagle dollars, treasure chest, etc.
2) Students can attend clubs
3) Positive phone call home

<table>
<thead>
<tr>
<th>SETTING 4</th>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Playground</td>
<td>Rule 1 Use equipment properly</td>
<td>Throw basketball through the goal</td>
<td>Throw badminton racquet on the ground</td>
</tr>
<tr>
<td></td>
<td>Rule 2 Stay within boundaries</td>
<td>Class stays on P.E. court</td>
<td>Run outside of fenced area</td>
</tr>
</tbody>
</table>

Activities to Allow Students to Practice Desired Behaviors:

- Teacher taken class for teacher P.E. and students stay with class
- Students use badminton racket properly
- Use Eagle posters throughout school to remind students

Plan for Rewarding Appropriate Behavior:

1) Eagle dollars, treasure chest, etc.
2) Students can attend clubs
3) Positive phone call home

<table>
<thead>
<tr>
<th>SETTING 5</th>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Restroom</td>
<td>Rule 1 Wash your hands</td>
<td>Wash hands with soap and water</td>
<td>Use restroom without washing hands</td>
</tr>
<tr>
<td></td>
<td>Rule 2 Walk carefully</td>
<td>Walk while facing forward</td>
<td>Run in the restroom, throw paper towel on floor</td>
</tr>
</tbody>
</table>

Activities to Allow Students to Practice Desired Behaviors:

- Take class to the restroom
- Practice washing hands thoroughly
- Use Eagle posters throughout school to remind students

Plan for Rewarding Appropriate Behavior:

1) Eagle dollars
2) Treasure chest, etc.
3) Items for purchase
4) Positive phone call home
5) Lunch with staff of choice
<table>
<thead>
<tr>
<th>SETTING 6</th>
<th>RULE</th>
<th>EXAMPLE</th>
<th>NON-EXAMPLE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dismissal</td>
<td>Rule 1 Walk</td>
<td>Walk facing forward</td>
<td>Run down the hallway</td>
</tr>
<tr>
<td></td>
<td>Rule 2 Stay with your assigned group</td>
<td>Walk on right side with assigned adult</td>
<td>Walk on the left side and go to dismissal point by yourself</td>
</tr>
<tr>
<td></td>
<td>Rule 3 Know where you are supposed to go</td>
<td>Walk straight home if you’re a walker</td>
<td>Go to the park when you are to walk home</td>
</tr>
</tbody>
</table>

**Activities to Allow Students to Practice Desired Behaviors:**
- Practice dismissal procedure
- Use Eagle posters throughout school to remind students

**Plan for Rewarding Appropriate Behavior:**
1) Eagle dollars
2) Treasure chest, etc.
3) Positive phone call home