

E.A.T.  
in the  
Cafeteria

A Handbook for New Students

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Come to the cafeteria to eat breakfast and lunch! When you get in the cafeteria, walk in a straight line. If the light is off do not talk to your friends. If the light is on, talk quietly.



Hold your tray with both hands.  
If you don't hold the tray with both hands, all the food on the plate will fall off.



Always use good manners. Talk quietly. Eat your food. Do not play with your food. Do not throw your food. If you do not want to eat it, leave it on your tray.



You will choose what kind of milk you want to drink. You will need to learn to open the milk carton. Open where it says "To Open". Pull the spout out like this. Drink your milk. Do not pour your milk on your food. If you do not want your milk, do not open it.



Hold your food with both hands.  
Watch for when the line moves. Pick up your tray. Do not drop your food. Do not push or skip in front of people because you could make somebody fall and drop their food.



This is what is left when you are done eating. You will throw it in the trash. If you see trash on the table or floor you will have to pick it up and put it on your tray.



Pour your extra milk into the milk bucket. Put the empty carton into the hole for trash. Put left over food into the gray tub. Stack up your tray.



When you finish eating, wait for the cafeteria lady to tell you to line up. Stand in a straight line. Hold your plate tight with both hands. Do not punch or skip. If the cafeteria lady sees you punching or skipping, you will get into trouble. Follow the rules. If other students do something bad, don't do the same thing.



After you put away your trash, exit the scullery in a straight line one after the other. Do not run, jump or skip. If you push or run, you could make some one else fall down.



Exit safely. Stay behind the person in front of you. Keep your hands and feet to yourself. Wait for your teacher in a straight line. You had a great lunch!

# Lunchroom Responsibilities:

E = Enter and exit  
safely

A = Always use good  
manners

T = Take time to clean  
up.

(Editor's note: This book was photographed & written for incoming Kindergarten students so that they would understand what was expected of them in the cafeteria. The 4<sup>th</sup> grade writers started with an idea, developed a storyboard, photographed and then wrote the book. Copies of this book will be given to kindergarten teachers in August.)

