



Positive Behavior Support

Response to Intervention for Behavior

Overview



Florida Department of Education
Dr. Eric Smith, Commissioner



This product was developed by Florida's Positive Behavior Support Project through the University of South Florida, Louis de la Parte Florida Mental Health Institute funded by the State of Florida, Department of Education, Bureau of Exceptional Education and Student Services, through federal assistance under the Individuals with Disabilities Education Act (IDEA), Part B.



Objectives

Participants will be able to:

- List 5 similarities between PBS and RtI
- Name the essential components of PBS/RtI:B
- Identify the core curriculum for Tier 1 School-Wide PBS/RtI:B
- List 3 challenges to PBS Tier 1 implementation



Florida's PBS Project

Mission:

- Increasing the capacity of Florida's school districts to address problem behavior using Positive Behavior Support within a Response to Intervention framework

What does the PBS project provide:

- Training and technical assistance to districts across the state in the development and implementation of positive behavior supports at Tiers 1, 2, and 3.

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Positive Behavior Support

- Aims to **build effective environments** in which positive behavior is more effective than problem behavior
- Is a **collaborative, assessment-based** approach to developing effective interventions for problem behavior
- Emphasizes the use of **preventative, teaching, and reinforcement-based strategies** to achieve meaningful and durable behavior and lifestyle outcomes



School-wide Positive Behavior Support

PBS is the use of **evidence-based** strategies and systems to:

- Decrease:
 - problem behavior across settings and students
 - office discipline referrals
 - disciplinary exclusions (ISS, OSS)
- Increase:
 - instructional time and academic performance
 - school safety
 - teacher capacity to address problem behaviors
 - positive school cultures



PBS/RtI:B

- Aligned with Response to Intervention
- Can be adapted to fit your particular school
- Can coexist with most other school-wide programs (Reading First, Character Education, etc.)
- Is consistent with research-based principles of behavior



PBS and RtI:B

Core Principles of PBS

- Multi-tiered levels of support
- Team process
- Builds effective environments
- Evidence-based interventions
- Effective problem-solving
- Data-based decision-making
- Progress monitoring
- Fidelity of implementation

RtI:B Critical Components

- Multi-tiered levels of support
- Evidence-based instruction and interventions
- Effective problem-solving
- Data-based decision making
- Progress monitoring
- Fidelity of implementation



Tiered Model of School Supports & the Problem-Solving Process

ACADEMIC and BEHAVIOR SYSTEMS

Tier 3: Intensive, Individualized Interventions & Supports

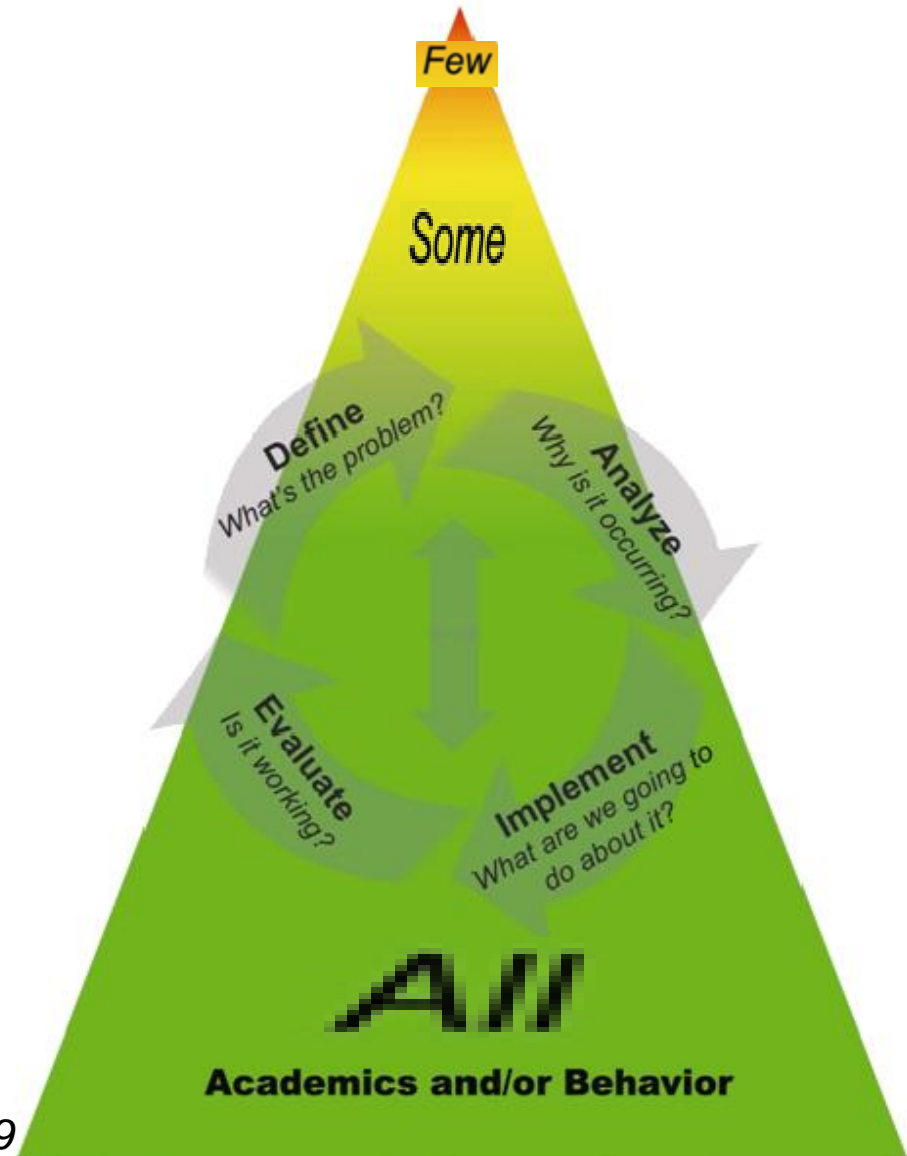
The most intense instruction and intervention based on individual student need provided in addition to and aligned with Tier 1 & 2 academic and behavior instruction and supports.

Tier 2: Targeted, Supplemental Interventions & Supports

More targeted instruction/intervention and supplemental support in addition to and aligned with the core academic and behavior curriculum.

Tier 1: Core, Universal Instruction & Supports

General academic and behavior instruction and support provided to all students in all settings.



Positive Behavior Support

- Takes 3-5 years for comprehensive systems change
 - District and Administrator support essential
 - Effective, stable PBS Team
- Philosophical change and Faculty Buy-In
 - Ownership and active participation by staff
 - Input and feedback
- Utilizes data-based decision-making



Factors Contributing to the Success of PBS

- District-level planning and support
- School-based Administrator support
- Faculty and staff buy-in and commitment
- Fidelity of implementation
- Availability of resources
- Contextual fit with school culture and school improvement plan
- Adaptability of the school's environment



Critical Elements of School-wide PBS

- PBS Team and administrative support
- **Expectations & Rules – Core Curriculum of Tier 1 PBS**
- Reward/Recognition program
- Teaching expectations, rules and consequences
- Effective discipline process, procedures and consequences
- Faculty commitment
- Implementation fidelity
- Classroom PBS systems
- Data entry, analysis and effective problem-solving (RtI)
- Evaluation and progress monitoring



Tier 1: School-Wide Core Curriculum

School-Wide Expectations and Rules

- Essential part of the school's culture and language
- Apply to all staff, students and settings across campus
- Are taught like the academic core curriculum
- Are reinforced/rewarded when exhibited as academic accomplishments are rewarded

Core Curriculum Goals:

- Prevent problem behavior
- Promote appropriate behavior
- Increase instructional time
- Enhance school safety
- Build a positive school culture



Tier 2: Targeted Interventions and Supports

Goals:

- Provide **remediation**
- Prevent problem behaviors from getting worse
- Identify and support students 'at risk' for not reaching the behavioral expectations



Tier 2: Interventions and Supports

Key Features:

- Build on school-wide expectations
- Interventions:
 - Similar across students
 - Function-based
 - Readily available
 - Easily implemented by all staff
 - Provide data for progress monitoring



Tier 2 Interventions

Examples:

- Check-In Check-Out
- Skills Groups
 - Social Skills
 - Anger Management
 - Problem-Solving
 - Conflict Resolution
- Mentoring



Tier 3: Individualized Interventions and Support

Goals:

- Provide intensive, individualized supports
- Accommodate the needs of students with significant behavioral difficulties in the least restrictive environment

Key Features:

- FBA/BIP
- Interventions:
 - Function-based
 - Individualized
 - Daily data collection



PBS/RtI:B Challenges

- Philosophical change regarding behavior
- Shift in how staff respond to student behaviors
- Acquisition of new skills by students and staff
- Need for good data collection and evaluation systems
- Implementation fidelity
- No established benchmarks or decision rules for behavior



Additional Resources

Florida's Positive Behavior Support Project

- <http://flpbs@fmhi.usf.edu>

Association of Positive Behavior Support

- www.apbs.org

OSEP Technical Assistance Center on PBIS

- www.pbis.org



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