

How positive are you?

Are you a Sourball, a SweetTart, or a Dove in your classroom?

ARE YOU...

A Sourball ? (Hotballs)

- Does your mood determine how you will react with your children?
- Do you hold grudges with your students?
- Do you have a relationship with your students or do you sit at your desk constantly and never interact or coach them to success?
- Is yelling your normal tone?
- Do you expect little or nothing of your students
 - because their parents are not concerned?
 - because they are from rural Warren County?
 - because of their last names?
- Do you do the minimum for your students?
- Do you have a sour, mean personality all of the time?

A SweetTart ?

- Do you allow one child to ruin your entire class?
- Are you encouraging one day and derogatory the next?
- Does the motivation or coaching you give depend on the performance of the child or how much parental support is given?
- If a child makes you upset, do you give up on that child completely?
- Are you moody, pleasant or sweet one moment and rude, mean, or tart the next?

OR

A Dove ?

- Are you fair and consistent with your discipline? Can students still see your gentle, tender side?
- Is your voice soft and understanding?
- Are your words strong but never forever-damaging?
- Do you nurture your children?
- Do you coach them along (stand beside/sit beside them), encouraging them?
- Do you have a good rapport with your students?
- Do you praise your students when they do things right and extremely well?
- Do you have faith in your students that they can improve and always do better, no matter what level they are on?
- Are you persistent, never giving up on them?
- Do you plan valuable lessons for your students, those that challenge them?
- When they see you in the hallways, are they annoyed or do they recognize you as a firm but calming, peaceful person?
- Are your behaviors and actions pleasant 95% of the time?

**PBS is ever changing; teachers should always reflect on their lessons and activities.

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