

# Peaceful Playgrounds™



Engaging the maximum number of students in healthy, educational, purposeful play.

# Peaceful Playgrounds™

- Peaceful Playgrounds (PPP) is a school based physical activity program with the goals and research support that has shown an increase children's physical activity level, decrease in bullying and decrease in playground injuries.
- It provides opportunities for elementary school students to have unstructured yet supervised active play.

# FIVE COMPONENTS



- Component #1 - Marking the Playground
  - One objective of the program is to disperse children evenly across the entire play area
  - Well marked game activities provide increased motivation for children to enter into an activity and become engaged in purposeful play
  - Game markings are developmentally appropriate according to the age and motor skill abilities of the children.

# FIVE COMPONENTS



- Component #2 – Consistent Set of Rules
  - Each Blueprint has a companion rules guide
  - The program fosters consistency and training for children and staff. The rules for each game and piece of equipment are taught and reviewed on a regular basis .

# FIVE COMPONENTS



- Component #3 – Equipment
  - The Playground Equipment Pack provides the equipment needed for successful implementation.

# FIVE COMPONENTS



- **Component # 4 – Conflict Resolution**
  - **Being able to play and work cooperatively empowers children and teaches them to work cooperatively in the classroom.**
  - **Conflict resolution signs are included along with complete explanation and techniques in Playground Activity Guides**

# FIVE COMPONENTS

- Component # 5 – Consistent Expectations

- To insure success, every staff member is familiar with all five components of a Peaceful Playground including instructional staff, support staff, and Sunrise/Sunset staff.



# RESEARCH



- Scientifically Based Research
  - Decreases playground confrontations
  - Decrease in playground injuries
  - Decrease in bullying
  - Increases children's energy expenditures



# RECOGNITION



- Award Winning Program
  - Golden Bell Exemplary Program award
    - California School Boards Association
  - “Friend of Recreation”
    - American Association of Leisure and Recreation
  - NY State “Sharing Success” Award
    - New York State Department of Education

# Local Recognition

- Article - Naples Daily News
- Eye on Education – WINK TV
- Article – Collier Citizen